

A LIFE WORTH LIVING



MANUAL

An official follow-up to Alpha

A LIFE WORTH LIVING

MANUAL

Please bring this manual with you
for each session of the course

For many Alpha represents the first step in the Christian life and many new Christians will end Alpha asking, 'What happens next?'

A Life Worth Living is aimed specifically at those who are starting out in the Christian life and is an excellent follow-up course to Alpha.

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Notes

- Ambition should be for Christ – noble ambition

2) Self-importance (v.3)

- The opposite of 'vain conceit' is humility. *'In humility consider others better than yourselves'* (v.3)

- Not more gifted or morally better, but more important

3) Self-centredness (v.4)

- The Christian life should change our focus – look to interests of others
- How do we treat our family, our neighbours, our friends, our colleagues, members of our church?
- Who is at the centre of our conversations, thoughts, prayers?

Right attitudes

(vv. 5–11)

Probably an early Christian hymn

The mind of Christ displays the opposite of selfish ambition, self-importance and self-centredness

1) Let go his natural status (v.6)

- Exchanged the status of God for that of man

CHAPTER 9

Notes

New Generosity

Philippians 4:10–23

Introduction

Paul thanks the Christians at Philippi for sending him money via Epaphroditus

The threefold joy of giving:

Generous giving brings joy to others *(vv. 10–16)*

- 1) Paul has been made happy by their concern
 - But in some ways he doesn't need the money
 - *'... not ... in need ...'* (v.11)
- 2) Paul has learned the secret of contentment (this did not come naturally – before he was a Christian he used to 'covet')
 - Some think the secret of contentment is to have everything we want

'whatever the circumstances ... to be in need ..., to have plenty ..., well fed ..., hungry ...'

Other Resources

Alpha books by Nicky Gumbel:

Questions of Life

Alpha in book form. In fifteen compelling chapters the author points the way to an authentic Christianity which is exciting and relevant to today's world.

Searching Issues

The seven issues most often raised by participants of Alpha, including suffering, other religions, science and Christianity and the Trinity.

The Jesus Lifestyle

An in-depth look at the Sermon on the Mount (Matthew 5-7). The author shows that Jesus' teaching flies in the face of modern lifestyle and presents us with a radical alternative.

30 Days

Nicky Gumbel selects thirty passages from the Old and New Testament which can be read over thirty days. It is designed for those on Alpha and others who are interested in beginning to explore the Bible.

To order: Telephone the Alpha Publications Hotline on 0845 7581 278 or visit alphashop.org

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- New Purpose
- New Attitude
- New Responsibilities
- New Friendships
- New Confidence
- New Ambitions
- New Resources
- New Generosity

A Life Worth Living is a nine-session course based on the book of Phillipians.

In each talk Nicky Gumbel explains how it is possible to live the Christian life positively, practically and joyfully.

A leader's guide and DVD are available to accompany this manual.

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