



FAITH  
@  
HOME

GOD IN  
MY DAY



## Welcome to our Faith @ Home activity 'God in My Day'.

This activity is to help our families to connect with God in our everyday lives.

The whole church is following a series called 'Life on the Frontline'.

There are small groups to join and sermons for the adults. But we did not want our children and families to miss out!

God is with us wherever we are during the week. Our 'frontline' is the place we spend much of our time, where we meet people who don't know Jesus. We may be old or young, healthy or unwell, employed or not—we still have a 'frontline'. A place God has put us, the place of possibility and potential. This pack will help you to put into action these ideas whether that is at home, nursery, school, work, clubs or activities. They can be done on their own or some are for the whole family.

You will need to do a little bit of preparation first. Cut out and make the box to hold the cards. Then cut out the cards and put them inside. Each day you choose a card and do the activity on it. They are all colour-coded.

**Multi-coloured = Family time**

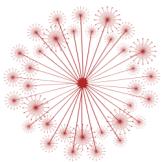
**Green = Action**

**Yellow = Talk about**

**Orange = Pray**

**Blue = Think**

**Purple = Older children / Teenagers / Adults**



We would love you to send us your pictures or post to our social media.

Email them to - [mandy@waltonparish.org.uk](mailto:mandy@waltonparish.org.uk)

We hope you enjoy this resource to bring faith into your everyday family life.

With love from Mandy, Amy and the Team

Taking our next steps towards:

- deeper faith in Christ
- welcome and belonging
- shining God's light.



Walton-on-Thames  
**St Mary's and St John's**

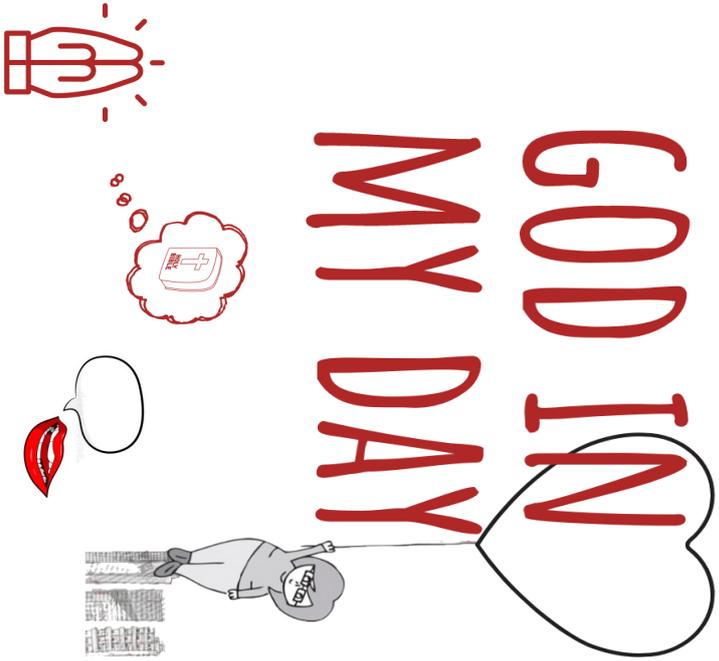
To make the box:

Cut along all the solid lines.

Fold on the dotted lines.

Glue where indicated .

# GOD IN MY DAY



GLUE

Taking our next steps towards:

- deeper faith in Christ
- welcome and belonging
- shining God's light.



## GOD IN MY DAY ACTIVITY CARDS

Pick a card each day.

Each colour indicates a different theme:

Multi-coloured = Family time

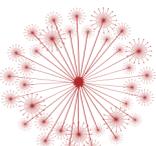
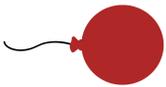
Green = Action

Pink = Talk about

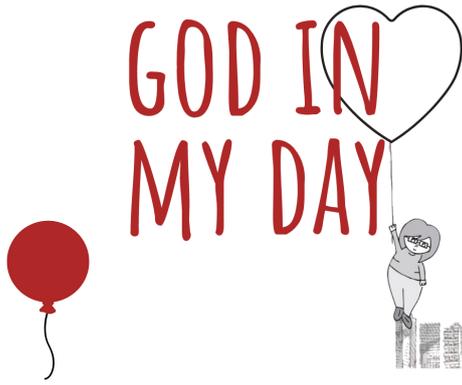
Orange = Pray

Blue = Think

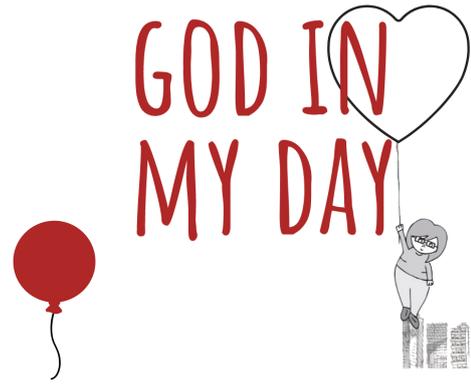
Purple = Older children / Teenagers / Adults



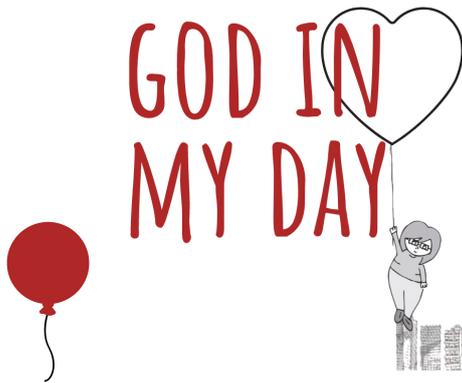
GLUE



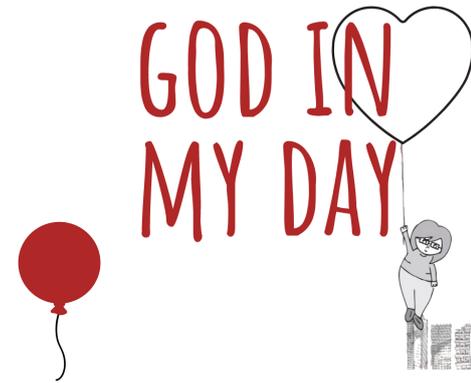
Family Time



Family Time



Family Time



Family Time



Family Time



Family Time

## God in my day

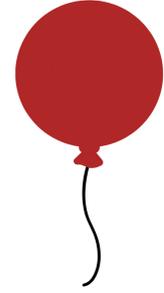


Watch this video clip together.  
It can be found on the Parish  
Website Faith at Home page.  
Check it out via the first link on the website.

Discuss what  
you have seen.



## God in my day



Sing the vision song.

It can be found on the Parish  
Website Faith at Home page.  
Check it out via the link on the website.

Can you remember  
all the actions?



## God in my day



Jump into the day with God.

As everyone leaves the house.  
Jump through the front door or  
off the step.



As you jump say together—  
'we jump into the day with  
God.'  
Be excited. God jumps with  
you!

## God in my day



Pray as you brush your teeth.  
Can you write a prayer that  
someone says while everyone is  
brushing?

Saying your **prayers** is like  
**brushing your teeth**--  
It's a habit you form,  
a commitment you keep.



You should **brush your teeth**  
both morning and night,  
The same with your **prayers**  
if you're saying them right.

Don't let your spirit or teeth  
begin to decay--  
**PRAY (and brush)**  
at least twice a day!

## God in my day



Pray as you put on your shoes.

Dear God,  
I walk into the day with you.  
May every step I  
take be for you.  
Please guide my  
steps.  
Amen



## God in my day

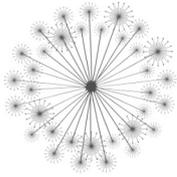


Give a God hug.

Each time you give someone a  
hug today, say thank you to God for them.  
Maybe have a family  
group hug and take  
it in turns to say  
thank you to God  
for each person.

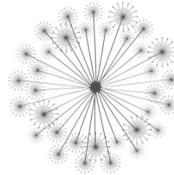


GOD IN  
MY DAY



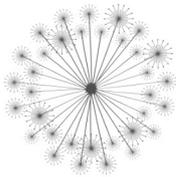
**ACTION**

GOD IN  
MY DAY



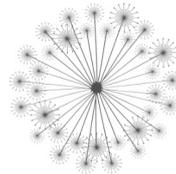
**ACTION**

GOD IN  
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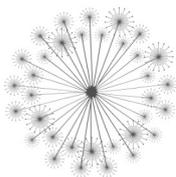
**ACTION**

GOD IN  
MY DAY



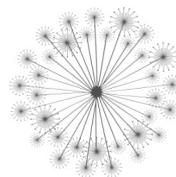
**ACTION**

GOD IN  
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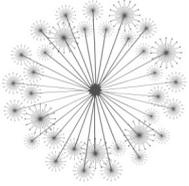


**ACTION**

GOD IN  
MY DAY



**ACTION**

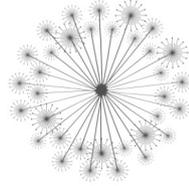


## ***God in my day***

Carry a reminder

Find something that you can carry with you today as a reminder that God is with you. Maybe tie a piece of string to your bag or write 'God' on a piece of card and put it in your pocket.

Each time you see it / hold it you can be reminded that God is with you.

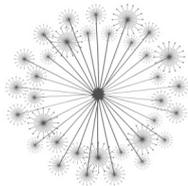


## ***God in my day***

Help someone

Ask God to give you eyes to see the things that need doing and the willingness to do them.

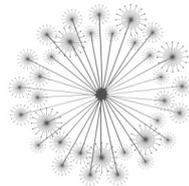
How can you use your body for God to help someone? Your hands to hold and pick up. Your feet to collect and move.



## ***God in my day***

Share God's love by doing an Act of Kindness

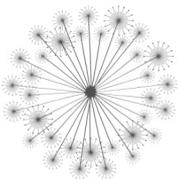
How could you be kind to someone today?  
Could you encourage someone?  
Could you open the door?  
Tell someone how they have helped you.  
Share a joke.  
Make or buy someone a card—and remember to give it to them.  
Donate to the foodbank.



## ***God in my day***

Share the good news of Jesus

Can you share a story about your journey of faith? Maybe it was when a prayer was answered or you felt God's love. Maybe it is telling someone you went to church and what you learnt about. Maybe you could start a conversation about doing this activity. Remember to share your good news with the us at church as well!

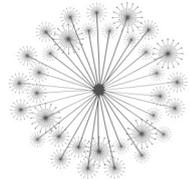


## ***God in my day***

Leave a note

Leave a note for someone to find to tell them that you thank God for them. Maybe do a little drawing, tell them how and why they are special to you.

You could put it into their pocket / on their desk / in their pencil case. What creative places can you think of?



## ***God in my day***

Go the extra mile

Could you do an extra chore or task today without being asked? As you do, thank God for the opportunity and do it for Him.

Maybe you were asked to put your shoes away? Could you put someone else's away at the same time? How about hanging up everyone's coats or clearing all the plates?

GOD IN  
MY DAY



TALK

GOD IN  
MY DAY



TALK

GOD IN  
MY DAY



TALK

GOD IN  
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TALK

GOD IN  
MY DAY



TALK

GOD IN  
MY DAY



TALK

## ***God in my day***

Was God in my words?

Talk together about how God was in your words and language today.

Were there any words you wished you had said?

Were there any words you wish you had not said?

What sort of words would God want us to use?



## ***God in my day***

Share a good moment and a God moment

Think back over your day.

Talk together about the good moments.

The fun moments. The things that made you smile.

Talk together about a God moment. Where was God in your day? Did

God make you smile?



## ***God in my day***

Was God in my thoughts?

Talk together about how God was in your thoughts today.

Did you think about God while you were working, playing, shopping, waiting?

Did it change how you reacted or responded to what you were doing?



## ***God in my day***

Did I think about God?

Talk together about what made you think about God today?

Was it something you saw?

Was it something you heard?

Was it something you read?

Was it expected or unexpected?

Share about how we can look for God in our day.



## ***God in my day***

Being like Jesus

Talk together about how we were like Jesus today.

Share any moments when it was difficult to be like Jesus. Discuss any ideas on how we could be more like Jesus in these times.



## ***God in my day***

In the busyness and in the spaces

Talk together about where God was in the busyness of your day.

Share if God was in any unexpected spaces or gaps.

Like a glimpse of the sun through the clouds, where did you glimpse God today?



GOD IN  
MY DAY



PRAY

GOD IN  
MY DAY



PRAY

GOD IN  
MY DAY



PRAY

GOD IN  
MY DAY



PRAY

GOD IN  
MY DAY



PRAY

GOD IN  
MY DAY



PRAY

## ***God in my day***

Pray for a friend.

That they would know God more. That God would bless them and be close by them. That they would know God's presence.

If you know what they do or how they are you can pray about that as well.



## ***God in my day***

Pray for your family

That they would know God more. That God would bless them and be close by them. That they would know God's presence.

If you know what they do or how they are you can pray about that as well.



## ***God in my day***

Pray for your teacher / work colleague

That they would know God more. That God would bless them and be close by them. That they would know God's presence.

If you know what they do or how they are you can pray about that as well.



## ***God in my day***

Pray for your nursery / school / workplace

That it would be a place where God is welcome. That God would use you in that place. Pray as you step into your classroom / office. Ask God to be in that space in a new way today.



## ***God in my day***

Pray for your yourself

That they you would know God more. That God would bless you and be close by you. That you would know God's presence.

If you know what will be happening in your day you could pray about that.



## ***God in my day***

Pray for an opportunity to show God's love

Ask God to show you how He wants you to show His love today. Ask that by his Holy Spirit he would give you the strength and courage to do it.



GOD IN  
MY DAY



**THINK**

GOD IN  
MY DAY



**THINK**

GOD IN  
MY DAY



**THINK**

GOD IN  
MY DAY



**THINK**

GOD IN  
MY DAY



**THINK**

GOD IN  
MY DAY



**THINK**

## God in my day



1 John 4:7

God's love and ours

<sup>7</sup> Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God.

Think about how your day might change if you keep this in your thoughts.  
God loves each one of us and longs for everyone to know his amazing love.

*Older children and adults look up 1 John 4:7-10*

## God in my day



Joshua 1:9

<sup>9</sup> Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.'

Think about how your day might change if you keep this in your thoughts.  
God is with us wherever we go and will help us in every situation we find ourselves.

*Read the story of Joshua. What did he do with God by his side?*

## God in my day



Matthew 5:16

<sup>16</sup> In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Think about how your day might change if you keep this in your thoughts.  
What if everything you did was for God?

*Older children and adults look up Matthew 5: 13—16  
What does it look like to be salt and light?*

## God in my day



Philippians 1:27

<sup>27</sup> Be sure that you live in a way that brings honour to the Good News of Christ. Then whether I come and visit you or am away from you, I will hear good things about you. I will hear that you continue strong with one purpose and that you work together as a team for the faith of the Good News.

Think about how your day might change if you keep this in your thoughts. We are a team.  
Everyone working together for God. Who is in your team today?

## God in my day



Philippians 2:4

<sup>4</sup> Do not be interested only in your own life, but be interested in the lives of others.

Think about how your day might change if you keep this in your thoughts. What if you made choices based on what other people were interested in? How might this bless the other person?

*Older children and adults look up Philippians 2: 1—4*

## God in my day



Ephesians 3:20

<sup>20</sup> With God's power working in us, God can do much, much more than anything we can ask or think of.

Think about how your day might change if you keep this in your thoughts. Will we let God open our lives to new possibilities?

*Older children and adults look up Ephesians 3: 14-20*

GOD IN  
MY DAY



**EXTRA**

GOD IN  
MY DAY



**EXTRA**

GOD IN  
MY DAY



**EXTRA**

GOD IN  
MY DAY



**EXTRA**

GOD IN  
MY DAY



**EXTRA**

GOD IN  
MY DAY



**EXTRA**

## ***God in my day***

Social media

Can I involve God in my use of social media?

In the items I post? E.g. Could I post a bible verse or something encouraging.



In the way I respond?  
In the words and images I use?

## ***God in my day***

Social media

Pray for the last 5 people who sent you a message.

Ask God to open your eyes to Him in this area of your life. How can what you see cause you to pray for other people or the wider world?



## ***God in my day***

Music / Television / YouTube

Do the things you listen to or watch make you think of God?

Would God like it?

Be more intentional in what you spend your time watching. Be more aware of God watching with you.



## ***God in my day***

In my attitude

How can God be in my attitude this day? In how I approach school, chores, work, homework, everyday life.



If I think about God before I do these tasks does it change how I do it or how I feel about it?

## ***God in my day***

Invite

Can I invite a friend to join me at church, youth group or home group?

How about inviting someone for a meal or to have a coffee with them?



Can you give God the space to meet with a new person through you?

## ***God in my day***

In my mistakes

Where is God in my mistakes? Can we ask God to help us learn from them? Are we ready to say sorry to God and to ask Him to help us to not make the same mistake



again? Are we honest in our mistakes and try to put things right when we can?